

Kentucky Diabetes Network

Workgroup Meeting Minutes: DSME

March 2020

Work Group Chair/s: Cara Castleberry

Today's Recorder: Amy Meador

Today's Reporter:

Members Present: Amy Ferguson, Tammy Sutton, Denesa Watts, Kathryn Hall, Kim DeCoste, Nancy Hiner, Bonnie Hughes, Shana Nicholson, Christina Tincher, Maranda Burgin, Cara Castleberry, Amy Meador

<b>Agenda Item</b>	<b>Discussion details</b>	<b>Decision details (who will do it and by when)</b>
Introductions	Each work group member introduced themselves and where they are from	
Rx Pad Pilot	Updates on how the Rx pad is working	<ul style="list-style-type: none"><li>• Has been used to help promote DSME with physician offices in Ky River, but have had no referrals from their use.</li><li>• Has been used in Knox County through bidirectional referral process. Several patients reported having seen flyers but not getting Rx forms.</li><li>• Per Becki, have had an "ok" response but are still relatively new, so feels that once they are more commonly used, will be better utilized by providers.</li></ul>

		<ul style="list-style-type: none"> <li>• Deanna in Purchase Area printed 100 page pads, 50 pads for \$220.</li> <li>• Per Cara’s discussion with Beth Ackerman, due to the size of their agency, the Rx pad didn’t work as well.</li> <li>• Other: Pilot projects have gone well in most areas.</li> <li>• We should have Rx pads available by next KDN meeting. The group feels the pilot stage is complete and is ready to implement the Rx pad as a readily available resource.</li> <li>• The Rx pad could potentially be integrated into the electronic medical record.</li> </ul>
Health Care Provider Packet	Cara presented a sample packet for providers	The group discussed who needs to sign the provider letter. Kim discussed the option to have a physician on the KDN board to sign the template. The group decided each agency would use their logo as well as the KDN logo on the letter. It was decided that the documents would be posted on the KDN website as a packet rather than posting as individual items.
Use of existing tools and materials	How do we want to use out information—quantifying use of existing materials	<p>From Jan, 2019 to present, state staff have shipped:</p> <ul style="list-style-type: none"> <li>• 201 Have Diabetes? Proven to Work posters</li> <li>• 326 Have Diabetes? You Can Manage It posters</li> <li>• 110 Have Diabetes? Flyers</li> <li>• It was suggested that we update the resource directory card to</li> </ul>

		<p>better match other KDN infographic materials</p> <ul style="list-style-type: none"> <li>• Currently no way to determine how many KDN materials have been downloaded from the Tools and Materials page, but there have been 190 visits to this webpage. Cara stated has been investigating if there is a way to track the use of the materials online more accurately. This is an update that will be considered for the website.</li> <li>• The group discussed reviewing the materials (accuracy and usage). This can help guide how the group wishes to spend funds as well depending on the demand of materials.</li> <li>• Becki suggested asking Karen Cinnamon with CHES to come to a future meeting.</li> </ul>
<p>Diabetes Care Standing Orders</p>	<p>Discussed updates/changes needed</p>	<ul style="list-style-type: none"> <li>• Criteria for urine albumin and eGFR needs updating</li> <li>• DSMES and MNT referrals added on separate lines</li> <li>• Dental exam added</li> <li>• Under DSMES and MNT referral section, add “requires MD/DO signature” for billing purposes.</li> </ul> <p>This document may be used as standing order protocol within providers’ offices. May also help providers to enhance care for patients with diabetes and is a</p>

		<p>more user-friendly synopsis of diabetes care protocol. Will add, “this is not an exhaustive list of recommended diabetes care protocol” to the document. Will also add a link to the ADA Standards of Care protocol. The workgroup will update the Diabetes Standing Orders document annually.</p> <ul style="list-style-type: none"> <li>• Discussed updating the A1C card in pamphlet library.</li> <li>• Cara requesting assistance with updating flyers. Will ask Danielle with CHEER program to review/revise.</li> <li>• Kim suggested we review the list of materials available in the pamphlet library to determine which ones need reviewing at the next meeting. There may be a lag time in changes depending upon how many items are in print and how significant the changes that are needed.</li> </ul>
<p>New resources with have been created</p>	<p>Packet of updated resources were reviewed.</p>	<ul style="list-style-type: none"> <li>• Current updated resources have Barren River District’s logo on them. Will update to change to KDN’s logo.</li> <li>• Hyper and hypoglycemia handouts were produced with standard font as well as a version with larger font for visually impaired.</li> <li>• “Make a plan with your doctor” section added.</li> </ul>

		<ul style="list-style-type: none"> <li>• Changes suggested for hypo/hyerglycemia handouts <ul style="list-style-type: none"> <li>○ Change font size/color for each picture</li> <li>○ Add more cultural diversity</li> <li>○ Review to be sure handouts will also print well in black and white</li> <li>○ Other verbiage/font/format changes were discussed</li> <li>○ It was suggested by Nancy to pilot handouts with DSMES participants</li> <li>○ Will look at changing red color scheme</li> </ul> </li> <li>• Becki suggested using a single reference for information included in all revised handouts and provide footnote indicating reference used such as ADA Standards of Care.</li> <li>• The group will take revised handouts home to further review and will email Cara suggested changes.</li> <li>• The group will also send edits for the Diabetes Care Standing Orders.</li> <li>• Cara will send to Danielle with CHEER to review.</li> </ul>

