

**Welcome!**  
Kentucky Diabetes Network Quarterly Meeting  
December 8, 2023



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**Shana  
Nicholson,  
President**



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**Welcome**

Introduce yourself in the chat!

Where are you from?  
First Time?  
Favorite Holiday Tradition

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**Know More, Do More:  
Reflecting on 2024 and  
Advancing Novel  
Collaborative Approaches  
to Diabetes Care in 2024**



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**Agenda  
&  
Meeting Documents**

<https://www.kydiabetes.net/december-annual-meeting/>



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***Learn More, Achieve  
More: Empowering  
Communities for Better  
Chronic Disease  
Management in 2025***



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**Kallie Pass, BS, OTR**  
Kentucky State  
Quality Manager

**Laura White**  
Grant Program Manager

**Linda Kluge, RD, LD, CPHQ**  
Senior Executive Director,  
Quality & Strategic Alliances

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**BREAK**

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**KDN Board Chair**



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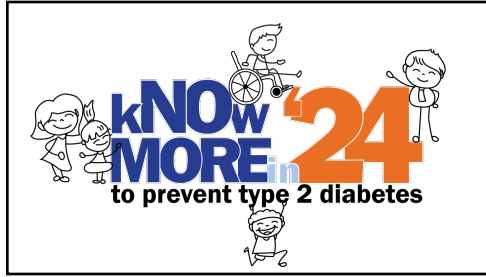
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Kentucky Diabetes Network Strategic Plan 2025-2027		
Our Foundation:	Strategic Objectives	Measurement Indicators
<b>Mission</b> Promoting health and well-being for Kentuckians at risk for and living with diabetes.	<b>Connect</b> 1. Develop a targeted outreach and recruitment plan that highlights the benefits of KDN membership, particularly for individuals with lived experiences. 2. Actively recruit individuals with lived experiences and provide ongoing mutual communities and underrepresented groups.	<b>Connect</b> 1. Analyze current membership and identify underrepresented groups. Increase membership diversity by 20% within three years. 2. Participate in two events yearly representing KDN and promoting benefits membership.
	<b>Collaborate</b> 1. Expand KDN leadership and membership expertise through collaborations with key community partners. 2. Implement collaborative projects, with a focus on expanding partnerships with local organizations, such as Breakthrough T1D, faith-based, and community groups.	<b>Collaborate</b> 1. Identify three or more community needs assessments to be used to identify community needs. 2. Complete two major collaborative projects annually with new partners.
<b>Vision</b> Optimal health for all	<b>Coordinate</b> 1. Integrate Kentucky data into evaluation process when developing strategies and programs. Utilize data for funding opportunities. 2. Identify grant opportunities and community fundraising.	<b>Coordinate</b> 1. Identify key evaluation data pieces within the state. 2. Develop best practices for community organizations specific to data analysis. 3. Pursue at least three new funding sources each year.
<b>Core Values</b> Integrity Innovation Inclusion Engagement Advocacy	<b>Communicate</b> 1. Create comprehensive communications strategy across platforms, ensuring consistent messaging to both community members and providers.	<b>Communicate</b> 1. Increase social media engagement by 30%. 2. Increase newsletter reach by 50% within 3 years.

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**KDN Communication**



**Clinical Targets in CGM  
Data Interpretation**

Presented by Katie Dinh, MSN, APRN, AGPCNP-BC

Thank you to our Gold Sponsor, NovoNordisk!




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**Kentucky Diabetes Network 4 C's**

- **Communicate**
  - Best practices
  - Latest diabetes information
- **Coordinate**
  - Networking opportunities
- **Collaborate**
  - Healthcare teams
  - Employers
  - People with diabetes
  - Public and private health plans
  - Community coalitions
- **Connect**
  - Diabetes improvement tools
  - Diabetes resources




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**Kentucky Diabetes Network  
Profit & Loss  
October Through December 3, 2024**

	Oct 1 - Dec 3, 24	Jan 1 - Dec 3, 24
Ordinary Income/Expense		
Depreciation	1,682.98	1,201.80
Grants	0.00	20,792.80
Grant - Alliant Health Group	15,352.44	17,712.44
Miscellaneous		
Total Income	17,035.42	29,607.04
Expenses		
Advertising	17,018.00	17,018.00
Bookkeeping	1,242.00	845.00
Contingency	0.00	370.41
Electricity	0.00	
IT/HR	7,549.11	15,985.02
Total Expenses	25,809.11	34,218.43
Fund & Charges	0.00	93.00
Fund & Expenses	0.00	
Total Fund & Charges	0.00	93.00
Gifts & Donations		
Gifts	49.27	244.28
Total Gifts & Donations	49.27	244.28
Miscellaneous		
Auto Repair - 24	0.00	4,422.00
Marketing	0.00	95.00
Monthly Expense	246.10	4,928.10
Printing	0.00	175.21
Rent	0.00	945.00
Tax Prep	0.00	300.00
Total Expenses	246.10	6,865.31
Non-Ordinary Income	7,711.55	15,938.42
Net Income	7,711.55	15,938.42

**Treasurer's Report - Profit & Loss**




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Kentucky Diabetes Network Balance Sheet As of December 31, 2024		Dec 31, 24
<b>ASSETS</b>		
Current Assets		
Checking/ Savings		40,200.00
Investments (CLASS-KC0115)		
Cash		49,200.00
Total Checking/Savings		49,200.00
Accounts Receivable		1,000.00
Total Accounts Receivable		1,000.00
Total Current Assets		50,200.00
<b>TOTAL ASSETS</b>		<b>50,200.00</b>
<b>LIABILITIES &amp; EQUITY</b>		
Liabilities		
Current Liabilities		
Credit Card		40.00
Total Credit Cards		40.00
Total Current Liabilities		40.00
Total Liabilities		40.00
Equity		
Retained Earnings/Equity		49,200.00
Retained Earnings		1,000.00
Total Equity		50,200.00
<b>TOTAL LIABILITIES &amp; EQUITY</b>		<b>50,200.00</b>

### Treasurer's Report - Balance Sheet




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### KDN Coordination

#### KDPCP Update- 2024 and Beyond

- Health Systems/ Quality Improvement:
  - Diabetes Learning Collaborative:** 4 practices; 62 providers; 13 locations; 930 patients in focus groups; potential spread of 42,000+; % of improvement: A1C -0.9 dec 51.2 points; HTN control 38.19%; DSMES referrals 19.7%; DSMES attendance 10.5%; Foot exam 60.7%; Eye exam 17.42%; Kidney eval 874.64%; Statin Tx 6.21%
  - Prediabetes Learning Collaborative:** 3 practices; 38 providers; 9 locations; 502 patients in the focus groups; potential spread of 400,000+; activities focused on DPP referrals (1.7% to 38.7%), DPP attendance (0% to 10.7%), and diagnosis of prediabetes (41.7% to 68.5%)
  - State Diabetes Strategic Plan 2024-2028; workgroups in 2025**
    - Four Goal Areas:
 

Diabetes Management	Health Equity
Diabetes Prevention	Health Systems/ QI

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### KDPCP Update- 2024 and Beyond

- Competitive RFA Process for Local Health Department Funding in FY26**
  - Deadline for applications is December 31st
- Diabetes Prevention:** Kentucky ranks 12<sup>th</sup> in the nation for Diabetes Prevention Program participation; participation increased from 18,725 in 2022 to 21,148 (12,423) in 2024; a new online platform by HAUT
  - Expanded programming in 2025 with DPP Spanish, DPP Native American, and Healthy Lifestyle
- Diabetes Management:** Healthy Living with Diabetes DSMES participants had an average A1C decrease of 0.8% in 2024; participants achieved between 40-79% (median 71%) of behavioral outcome goals (nutrition, physical activity, medication taking, monitoring, problem solving, reducing risks, healthy coping)
  - Diabetes Management/Diabetes Prevention**
    - DSMES and DPP Offerings/Maps: [KDPCP Website](http://KDPCP.Website) DPP Contact: [phsiga@woodbury.gov](mailto:phsiga@woodbury.gov) DSMES Contact: [Lamaranda.burnin@ky.gov](mailto:Lamaranda.burnin@ky.gov)
    - KDPCP's Diabetes 101 Education Module- A Self-guided Approach to Understanding Diabetes:

**Thrive in 2025**

Have you been recently diagnosed with diabetes or just want to learn a little more?

Tackle your New Year's resolutions to be healthier in 2025.

**DIABETES 101**

A self-guided opportunity to understand diabetes, how to access our computer or tablet.

FOR MORE INFO, SCAN THE QR CODE

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**KDN Collaboration**

Breakthrough T1D  
 American Diabetes Association  
 Kentucky Coordinating Body




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**Breakthrough T1D  
 Kentucky Gala 03.08.25**  **Breakthrough T1D™**  
*at the Seelbach Hotel Louisville* Formerly JDRF

*Save THE Date*

**05.10.25 Breakthrough T1D  
 Indiana Gala** Contact Emily Dudley with any questions  
 Emily: [emildudley@breakthroughT1D.org](mailto:emildudley@breakthroughT1D.org)  
*at the JW Marriott Indianapolis*

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**American Diabetes Association**  
 Connected for Life

**2025 Kentucky Legislative Priorities  
 (Preliminary)**

- **Obesity Care/Treatment** - Require Medicaid to provide comprehensive coverage for the treatment of obesity, including coverage for intensive behavioral therapy, bariatric surgery, and FDA-approved medications. (2024 legislation - HB 273)
- **Glucagon in Schools** - Allow a health care practitioner to prescribe glucagon in the name of a school rather than an individual student and to allow the school to maintain a supply of the undesignated glucagon for use when necessary. (2024 legislation - HB 438)




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American Diabetes Association  
Connected for Life

**2025 Kentucky Legislative Priorities  
(Preliminary)**

- **Prescription drug rebate reform** - Pass through 85% of prescription drug rebates to covered individuals at the point of sale. (2024 legislation - SB 149)
- **Prior Authorization Reform** - Create a prior authorization exemption program that would allow those health care providers who have achieved a prior authorization approval rate of at least 80% over the previous 12 months for a specific medical service to bypass the prior authorization process for that service for at least the next 12 months. (2024 legislation - SB 270)

Gary Dougherty  
gdougherty@diabetes.org




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**KY Coordinating Body**

- Actively seeking leadership positions for the 2025 year (consider volunteering)
- Connect with your Local Networking Group. Need volunteers for Bluegrass (Lexington area) Contact [dleonard@purchasehealth.org](mailto:dleonard@purchasehealth.org)
- Membership Drive Giveaway announced!




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**KDN Connection**



Kentucky Diabetes Symposium 2024


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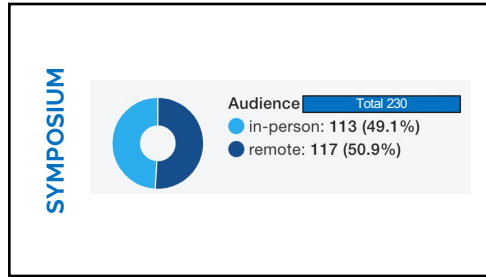
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**SYMPOSIUM**

**SPEAKERS**

Name	Title	Affiliation
Rebecca Jean, MD	Endocrinologist	University of Louisville
Amanda Kitzmaul	Clinical Pharmacist	Norton Healthcare
Leslie K. Scott, PhD, APRN...	Program Director	University of Kentucky
Viral N. Shah, MD	Professor of Medicine	Indiana University School of Medicine
Lisa Arvin	Health Policy Specialist	Kentucky Department of...
Ethan Kutzmaul	Clinical Pharmacist	Baptist Health Louisville
Elizabeth Riggs, AUD	Audiologist/Cherist	Goodhead, Kentucky...

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**SYMPOSIUM**

**Platinum Sponsor**

**Gold Sponsor**

**Silver Sponsor**

**Bronze Sponsor**

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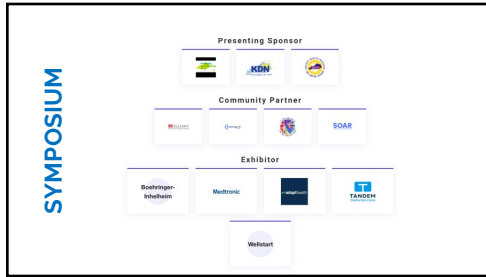
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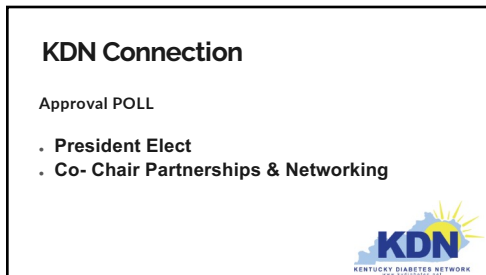
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**KDN Connection**

**Member Expectations:**

- Attend two of the four quarterly meetings/year
- Actively participate and contribute in action teams and committees
- Annual membership renewal
- Promote KDN and other diabetes resources to colleagues, clients and community

By choosing to become a KDN Member you are agreeing to the following:

- As an active member of the Kentucky Diabetes Network (KDN), Inc. I grant Kentucky Diabetes Network (KDN), Inc., its representatives and employees the right to take photographs of me and my property in connection with the above-identified subject.
- I authorize Kentucky Diabetes Network (KDN), Inc. its assignees and transferees to copyright, use and publish the same in print and / or electronically.
- I agree that Kentucky Diabetes Network (KDN), Inc. may use such photographs of me with or without my name and for any lawful purpose, including for example such purposes as publicity, illustration, advertising, and Web content.




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**KDN Connection**

**Membership for 2025**




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**2025 Leadership Team**

**Co-Presidents**      **President Elect**


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**2025 Leadership Team**



**Action Team Leaders**  
**DSMES – Bonnie Hughes & Debbie Bell**  
**DPP - Beth Ackerman**  
**Partnerships & Networking – Whitney Allen & Katie Pass**  
**Community Education & Advocacy – need chair**

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***Announcements***

Please type anything you would like to announce in the Chat box. Select "Everyone" so that all participants can see. Someone will also be monitoring the chat box and will be able to highlight details.




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***Shaping the Future: 2025 Innovation and Impact Action Team Work.***




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**Team Building  
Report Outs**



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**Thank you for joining us for our  
annual meeting!**



See you all in the spring!  
March 7, 2025



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